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## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

)	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burde	en									
hours per response:	0.5									

1. Name and Address of Reporting Person <sup>*</sup> Holland Elizabeth I		Person*	2. Issuer Name <b>and</b> Ticker or Trading Symbol FEDERAL REALTY INVESTMENT	(Checl	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
,			TRUST [ FRT ]		Director	10% Owner				
(Last) 1626 EAST JEE			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2019		Officer (give title below)	Other (specify below)				
(Street)		20052 40.44	4. If Amendment, Date of Original Filed (Month/Day/Year) 01/04/2019	Line)	vidual or Joint/Group Fili					
ROCKVILLE	MD	20852-4041		X	Form filed by One Re					
(City)	(State)	(Zip)	=		Form filed by More the Person	an One Reporting				
		Table I - Non-Deri	vative Securities Acquired, Disposed of, or Bene	eficially	Owned					

#### - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned able i

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Disposed Of ( 5)			Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(instr. 4)	
Common shares of beneficial interest								1,772.866 <sup>(1)</sup>	D		

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Expirati		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Includes 19.866 shares acquired through the dividend reinvestment program that were inadvertently omitted from the total holdings previously reported.

### **Remarks:**

Dawn M. Becker, by power of

attorney

02/07/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.