### SEC Form 4

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# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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	OMB Number:	3235-0287								
	Estimated average burden									
	hours per response:	0.5								

1. Name and Addres	•	g Person <sup>*</sup>	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>FEDERAL REALTY INVESTMENT</u> <u>TRUST</u> [FRT]		tionship of Reporting Pe all applicable) Director	10% Owner	
(Last) 1626 EAST JEF	(First) FERSON S	(Middle) TREET	3. Date of Earliest Transaction (Month/Day/Year) 06/07/2005		Officer (give title below)	Other (specify below)	
(Street) ROCKVILLE			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/Group Filing (Check Applica Form filed by One Reporting Person Form filed by More than One Reporting		
(City)	(State)	(Zip) Table I - Non-De	rivative Securities Acquired, Disposed of, or Bene	ficially	Person Owned		

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150. 4)
Common shares of beneficial interest	06/07/2005		М		200	A	\$22.0625	2,560	D	
Common shares of beneficial interest	06/07/2005		М		1,600	A	\$27.15	4,160	D	
Common shares of beneficial interest	06/07/2005		S		200	D	\$57.4	3,960	D	
Common shares of beneficial interest	06/07/2005		S		500	D	\$57.38	3,460	D	
Common shares of beneficial interest	06/07/2005		S		500	D	\$57.37	2,960	D	
Common shares of beneficial interest	06/07/2005		S		600	D	\$57.17	2,360	D	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Trustee stock option	\$22.0625	06/07/2005		М			200	11/03/2000	05/03/2010	Common shares of beneficial interest	200	\$0	5,000	D	
Trustee stock option	\$27.15	06/07/2005		М			1,600	11/01/2002	05/01/2012	Common shares of beneficial interest	1,600	\$0	3,400	D	

Explanation of Responses:

**Remarks:** 

#### Dawn M. Becker, by power of <u>atty</u>

06/08/2005

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.