SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported) September 30, 1995

Federal Realty Investment Trust
-----(Exact name of registrant as specified in its charter)

District of Columbia 1-7533 52-0782497

(State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No.)

4800 Hampden Lane, Suite 500, Bethesda, Maryland
20814
(Address of principal executive officers) (Zip Code)

Registrant's telephone number including area code: 301/652-3360

Exhibit Index appears on Page 3.

Other Events Item 5.

Federal Realty Investment Trust hereby files as exhibit 99 the following supplemental data pertaining to its portfolio of properties at September 30, 1995.

Item 7. Financial Statements and Exhibits

- (c) Exhibits.
 - 99 Supplemental portfolio information at September 30, 1995

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FEDERAL REALTY INVESMENT TRUST

Date: November 16, 1995 /s/ Cecily A. Ward

Cecily A. Ward Vice President, Controller

EXHIBIT INDEX

Exh No. Exhibit

99 Supplemental portfolio information at September 30, 1995

4

-3-

FEDERAL REALTY INVESTMENT TRUST

Supplemental Information September 30, 1995

TABLE OF CONTENTS

1.	Debt SummaryE-2
2.	Occupancy Percentage Leased
3.	Leases Signed Analysis Comparable and Non-ComparableE-6
4.	Press ReleaseE-7
5.	Glossary of TermsE-16

4800 Hampden Lane, Suite 500 Bethesda, Maryland 20814 301/652-3360

Maturity Rate (in thousands) Mortgages Barracks Road 06/01/98 9.77% \$21,848 06/01/98 Falls Plaza 9.77% 4,344 Old Keene Mill 06/01/98 7,121 9.77% West Falls 06/01/98 9.77% 4,985 Loehmanns Plaza 07/21/98 9.75% 6,518 Federal Plaza 03/10/01 8.95% 28,880 4,332 11,269 09/01/01 Tysons Station 9.875% Bristol 08/01/98 9.65% Northeast 12/31/01 participating 1,500 \$90,797 Notes payable Revolving credit facilities libor +.85% to libor +1% \$35,920 Note issued in connection with tenant buyout at Queen Anne Plaza 01/15/06 8.875% 1,369 Note issued in connection with aquisition of Federal Plaza 07/01/96 8.00% 2,936 Note issued in connection with renovation of Perring Plaza 01/31/13 10.00% 2,939 Note issued in connection with lease 11/13/95 none 2,500 Other various various 135 \$45,799 ========== Unsecured Public Debt 5 1/4% Convertible subordinated 04/30/02 5.250% \$289 debentures 5 1/4% Convertible subordinated 10/28/03 5.250% 75,000 debentures 8 7/8% Notes (fixed) 8 7/8% Notes (fixed)* 01/15/00 8.875% 75,000 01/15/00 7.530% 25,000 8% Notes (fixed) 04/21/02 8.000% 25,000 \$200,289 ========== Total fixed rate debt \$299,465 88.89% Total variable rate debt 37,420 11.11% -----Total debt \$336,885 100.00% ======== Weighted average interest rate: 7.95% Fixed rate debt

Variable on revolving facilities

7.00%**

^{*} The Trust purchased an interest rate swap on \$25 million which was sold for \$1.5 million, thereby decreasing the effective interest rate.

^{**} Weighted average interest rate on revolving credit facilities for nine months ended September 30, 1995.

Overall Occupancy (Quarter to Quarter Analysis)		eptember 30, 1995		September 30, 1994		
Туре	Size	Leased	Occupancy	Size	Leased	Occupancy
Shopping Center (square feet) Main Street Retail (square feet)	224,814	11,173,268 202,408	95% 90%		10,178,944	93%
Rollingwood Apartments (# of units)	282	279	99%	282	281	99%
Overall Occupancy (Rolling 12 Months)	9	September 30, 199	95		June 30, 1995	
Type 	Size	Leased	Occupancy	Size	Leased	0ccupancy
Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units)	224,814	11,173,268 202,408 279	95% 90% 99%	11,530,816 194,266 282	10,796,603 180,394 280	94% 93% 99%
Overall Occupancy (Rolling 12 Months)		March 31, 1995			December 31, 199	
Туре	Size	Leased	Occupancy	Size	Leased	Occupancy
Shopping Center (square feet)	11,199,906	10,482,104 22,906	94% 100%	11,179,222 16,106	10,592,521 16,106	95% 100%
Main Street Retail (square feet) Rollingwood Apartments (# of units)	282	281	99%	282	278	99%
Main Street Retail (square feet)	282	281 eptember 30, 1995	99%	;	278 September 30, 199	
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy	282	281 eptember 30, 1995	99%	;	September 30, 199	
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet)	282 Size	281 eptember 30, 1995 Leased	99%	Size	September 30, 199 Leased	4
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis)	282 Size 10,553,745	281 eptember 30, 1995 Leased	99% 5 Occupancy	Size	September 30, 199 Leased	4 Occupancy
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet)	Size 10,553,745 282	281 eptember 30, 1995 Leased 	99% 0ccupancy 95% 99%	Size 10,385,521	September 30, 199 Leased 9,773,527	4 Occupancy 94%
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy	Size 10,553,745 282	281 eptember 30, 1998 Leased 10,009,447 279	99% 0ccupancy 95% 99%	Size 10,385,521	September 30, 199 Leased 9,773,527 281	4 Occupancy 94%
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Rolling 12 Months) Type Shopping Center (square feet)	282 Second 10,553,745 282	281 eptember 30, 1998 Leased 10,009,447 279 eptember 30, 1998	99%	Size 	September 30, 199 Leased 9,773,527 281 June 30, 1995	94% 99%
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet)	282 Size 10,553,745 282 Size	281 eptember 30, 1998 Leased 10,009,447 279 eptember 30, 1998 Leased	99% Occupancy 95% 99% Occupancy	Size 10,385,521 282 Size	September 30, 199 Leased 9,773,527 281 June 30, 1995 Leased	94% 99%
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet)	282 Size 10,553,745 282 Size 10,553,745	281 eptember 30, 1998 Leased 10,009,447 279 eptember 30, 1998 Leased 10,009,447	99% Occupancy 95% Occupancy 95%	Size 10,385,521 282 Size 10,438,581	September 30, 199 Leased 9,773,527 281 June 30, 1995 Leased 9,820,887	94% 99% Occupancy
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Type Shopping Center Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet) Main Street Retail (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy	282 Size 10,553,745 282 Size 10,553,745	281 eptember 30, 1998 Leased 10,009,447 279 eptember 30, 1998 Leased 10,009,447	99% Occupancy 95% Occupancy 95%	Size 10,385,521 282 Size 10,438,581 282	September 30, 199 Leased 9,773,527 281 June 30, 1995 Leased 9,820,887 280	94% 99% Occupancy
Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Occupancy (Rolling 12 Months) Same Center Occupancy (Rolling 12 Months)	282 Size 10,553,745 282 Size 10,553,745 282	281 eptember 30, 1995 Leased 10,009,447 279 Leased 10,009,447 279 March 31, 1995	99% Occupancy 95% 99% Occupancy 95% 99%	Size 10,385,521 282 Size 10,438,581 282	September 30, 199 Leased 9,773,527 281 June 30, 1995 Leased 9,820,887 280 December 31, 199	94% 99% 0ccupancy 0ccupancy 94% 99%

Overall Economic Occupancy (Quarter to Quarter Analysis)	\$	September 30, 1995			September 30, 1994		
Type 	Size	Leases Generating Income	Economic Occupancy	Size	Leases Generating Income	Economic Occupancy	
Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units)	11,806,960 224,814 282	10,842,916 166,908 279	92% 74% 99%	10,898,289 282	9,986,128 281	92% 99%	
Overall Economic Occupancy (Rolling 12 Months)	5	September 30, 199	95		June 30, 1995		
Туре	Size	Leases Generating Income	Economic Occupancy	Size	Leases Generating Income	Economic Occupancy	
Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units)	11,806,960 224,814 282	10,842,916 166,908 279	92% 74% 99%	11,530,816 194,266 282	10,460,610 180,394 280	91% 93% 99%	
Overall Economic Occupancy (Rolling 12 Months)		March 31, 1995		D	ecember 31, 1994	1	
Туре	Size	Leases Generating Income	Economic Occupancy	Size	Leases Generating Income	Economic Occupancy	
Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units)	11,199,906 22,906 282	10,153,934 22,906 281	91% 100% 99%	11,179,222 16,106 282	10,213,130 16,106 272	91% 100% 96%	
Come Contor Foodomic Occupancy							
Same Center Economic Occupancy (Quarter to Quarter Analysis)		September 30, 199 Leases Generating Income		S Size	eptember 30, 199 Leases Generating Income	Economic Occupancy	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type	Size	September 30, 199 Leases Generating Income	Economic Occupancy	Size	Leases Generating Income	Economic Occupancy	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet)		September 30, 199 Leases Generating	95 Economic		Leases Generating	Economic	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Jain Street Retail (square feet)	Size 10,553,745 282	Leases Generating Income 9,764,246	Economic Occupancy 93% 99%	Size 10,385,521	Leases Generating Income	Economic Occupancy 93%	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Hain Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Economic Occupancy	Size 10,553,745 282	Leases Generating Income 9,764,246	Economic Occupancy 93% 99%	Size 10,385,521	Leases Generating Income 9,653,236 281	Economic Occupancy 93%	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Hain Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Economic Occupancy (Rolling 12 Months)	Size 	Leases Gentember 30, 199 Leases Generating Income 9,764,246 279 September 30, 199 Leases Generating	Economic Occupancy 93% 99%	Size 	Leases Generating Income 9,653,236 281 June 30, 1995 Leases Generating	Economic Occupancy 93% 99%	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) lain Street Retail (square feet) sollingwood Apartments (# of units) Same Center Economic Occupancy (Rolling 12 Months) Type Shopping Center (square feet) lain Street Retail (square feet)	Size 	Leases Generating Income 9,764,246 279 September 30, 199 Leases Generating Income	Economic Occupancy 93% 99%	Size 10,385,521 282	Leases Generating Income 9,653,236 281 June 30, 1995 Leases Generating Income	Economic 93% 99% Economic Occupancy	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Scollingwood Apartments (# of units) Same Center Economic Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet)	Size 10,553,745 282 Size 10,553,745	Leases Generating Income 9,764,246 279 September 30, 199 Leases Generating Income 9,764,246	Economic Occupancy 93% 99% Economic Occupancy	Size 10,385,521 282 Size 10,438,581 282	Leases Generating Income 9,653,236 281 June 30, 1995 Leases Generating Income 9,552,765	Economic Occupancy 93% 99% Economic Occupancy 92% 99%	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Economic Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Economic Occupancy	Size 10,553,745 282 Size 10,553,745	Leases Generating Income 9,764,246 279 September 30, 199 Leases Generating Income	Economic Occupancy 93% 99% Economic Occupancy	Size 10,385,521 282 Size 10,438,581 282	Leases Generating Income 9,653,236 281 June 30, 1995 Leases Generating Income 9,552,765 280	Economic Occupancy 93% 99% Economic Occupancy 92% 99%	
Same Center Economic Occupancy (Quarter to Quarter Analysis) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Economic Occupancy (Rolling 12 Months) Type Shopping Center (square feet) Main Street Retail (square feet) Rollingwood Apartments (# of units) Same Center Economic Occupancy (Rolling 12 Months)	Size 10,553,745 282 Size 10,553,745 282	Leases Generating Income 9,764,246 279 September 30, 199 Leases Generating Income 9,764,246 279 March 31, 1995 Leases Generating	Economic Occupancy 93% 99% Economic Occupancy 93% 99%	Size 10,385,521 282 Size 10,438,581 282	Leases Generating Income 9,653,236 281 June 30, 1995 Leases Generating Income 9,552,765 280 December 31, 199 Leases Generating	Economic Occupancy 93% 99% Economic Occupancy 92% 99% 99%	

Region	Total Square Footage	0ccupancy 09/30/95
D.C./Baltimore Philadelphia New York/New Jersey Central Virginia Mid-West New England Other	3,494,268 2,143,751 1,971,191 1,161,212 1,133,622 683,376 1,219,540	94% 96% 97% 97% 93% 99% 87%

Region	Total Square Footage	0ccupancy 09/30/95
D.C./Baltimore Anchor Small Shops	1,851,081 1,643,187	95% 92%
Philadelphia Anchor Small Shops	1,289,176 854,575	96% 96%
New York/New Jersey Anchor Small Shops	1,452,676 518,515	98% 94%
Central Virginia Anchor Small Shops	551,944 609,268	100% 94%
Mid-West Anchor Small Shops	705,155 428,467	98% 85%
New England Anchor Small Shops	408,236 275,140	100% 98%
Other Anchor Small Shops	623,864 595,676	89% 85%

Rolling 12 Months	Number of Leases Signed	Feet		Square Foot
3rd Quarter 1995 2nd Quarter 1995 1st Quarter 1995 4th Quarter 1994 Total	69 96 68 93 326	226,759 313,386 230,171 455,584 1,225,900	5.8 8.6 6.9 9.2 8.0	\$14.05 13.61 12.95 10.16 \$12.29
Rolling 12 Months		Annualized Increase in Rent		
3rd Quarter 1995 2nd Quarter 1995 1st Quarter 1995 4th Quarter 1994 Total	\$14.24 17.56 14.60 14.04	\$41,961 1,239,862	13% 38%	\$865,000 3,892,000 1,290,000 4,055,000 \$10,102,000
Non-Comparable				
	Number of	0	Weighted	Average Dank
Rolling 12 Months	Number of Leases Signed	Feet	Term (Years)	Per Square Foot
3rd Quarter 1995	4	26,089	9.7	\$13.76
2nd Quarter 1995	4	26,089 60,731	9.7	\$13.76 \$23.26
	4	26,089 60,731 14,516	9.7 7.3 6.9	\$13.76
2nd Quarter 1995 1st Quarter 1995		26,089 60,731	9.7 7.3 6.9	\$13.76 \$23.26 15.22
2nd Quarter 1995 1st Quarter 1995 4th Quarter 1994	4 8 6 12 30 Annualized Current	26,089 60,731 14,516 124,234 225,570 Estimated Tenant	9.7 7.3 6.9 8.1	\$13.76 \$23.26 15.22 10.63
2nd Quarter 1995 1st Quarter 1995 4th Quarter 1994 Total	4 8 6 12 30 Annualized Current	26,089 60,731 14,516 124,234 225,570 Estimated Tenant Improvement	9.7 7.3 6.9 8.1	\$13.76 \$23.26 15.22 10.63

Weighted

Average Prior

Mary Jane Morrow Senior Vice President Finance & Treasurer (301) 961-9321

FEDERAL REALTY INVESTMENT TRUST ANNOUNCES THIRD QUARTER OPERATING RESULTS

Bethesda, Maryland November 13, 1995

Federal Realty Investment Trust (NYSE:FRT) reported today that funds from operations for the third quarter of 1995 rose 10% to \$14.4 million from \$13.1 million in the third quarter of 1994. On a per share basis, funds from operations increased 10% to \$.45 in the third quarter of 1995 from \$.41 for the comparable quarter of 1994. Funds from operations also improved for the first nine months of 1995 increasing 19% to \$43.0 million or \$1.35 per share from \$36.1 million or \$1.19 per share in the first nine months of 1994. These increases resulted principally from property acquisitions and from significant contributions from recently redeveloped and remerchandised properties.

A comparison of property operations for the third quarter of 1995 versus the third quarter of 1994 shows the following:

. Rental income increased 11% to \$35.9 million in the third quarter of 1995 compared to \$32.2 million in 1994. If adjusted to exclude properties acquired during 1994 and 1995, rental income increased 4% to \$32.3 million in 1995 from \$31.2 million in 1994.

-MORE-

- . During the third quarter of 1995, the Trust signed leases for a total 253,000 square feet of shopping center space. On a same space basis, the Trust re-leased 227,000 square feet at an average increase in rent per square foot of 1%. The weighted average rent on these leases was \$14.24 per square foot compared to the previous average rent of \$14.05 per square foot.
- . At September 30, 1995 the Trust's shopping center portfolio was 95% leased compared to 93% a year ago. Shopping centers operating in both periods (excluding properties acquired or under redevelopment) were 95% leased at September 30, 1995 versus 94% a year ago.

Commenting on the quarter, Steven J. Guttman, President and Chief Executive Officer stated, "We are very pleased with the continued growth of our portfolio. In addition to the positive contributions from our recent acquisitions, we continue to benefit from the improved performance of our core portfolio. Our recent redevelopment and remerchandising programs combined with continued strong demand for our retail space has produced steady rental income growth which has added positively to our operating results."

Federal Realty is an equity real estate investment trust specializing in the ownership, management, development and redevelopment of prime retail properties. The Trust's real estate portfolio is comprised principally of 54 shopping centers containing approximately 11.8 million square feet and 14 main street retail buildings. The Trust's properties are located principally along the east coast region between Boston, Massachusetts and Richmond, Virginia.

Federal Realty has paid quarterly dividends to its shareholders continuously since its founding in 1962 and has increased its dividend rate for each of the last 28 consecutive years. Shares of the Trust are traded on the New York Stock Exchange under the symbol: FRT.

###

Financial Highlights (in thousands, except per share data)

OPERATING RESULTS	September 1995	ths Ended 30, 1995 1994	September 1995	30, 1995 1994
Revenues Rental income Interest Other income	\$35,910 1,156 1,907		\$104,557 3,049 5,283	\$94,168 3,046 4,068
	38,973	34,796	112,889	101,282
Expenses Rental Real estate taxes Interest Administrative Other Charges Depreciation and amortization	8,840 3,719 10,098 1,666 8,827	9,247 3,254 7,718 1,264 758 7,570	25,059 10,704 28,814 4,483 25,815	27,183 8,874 23,533 4,448 758 21,736
	33,150	29,811	94,875	86,532
Operating income before investors' share of operations and loss on sale of real estate Investor's share of operations Income before loss on sale	5,823 105	4,985	18, 014 275	
of real estate			18,289	
Loss on sale of real estate	(10)		(545)	
Net income	\$5,918 =====	\$4,966 =====	\$17,744 ======	\$14,255 ======
Earnings per share	\$0.19	\$0.16	\$0.56	\$0.47
Funds from Operations Net income Add: depreciation and amortization of real estate assets	7,826	\$4,966 6,713	,	
Add: amortization of initial direct costs of leases		613	1 832	1 708
Add: loss on sale and nonrecurring items	10		545	758
Funds from operations		\$13,050	\$42,974	\$36,146
Funds from operations per share Weighted average shares outstanding	\$0.45	\$0.41	\$1.35	\$1.19
BALANCE SHEET DATA	=======	Sept. 30, 1995		======= cember 31, 1994
Assets Real estate, at cost Mortgage notes receivable Cash and investments		\$962,473 13,181 7,175		\$852,722 13,178 7,583
Total assets		\$842,707		\$751,804
Liabilities and Shareholders' Equity Obligations under capital leases Mortgages payable Notes payable Senior Notes Convertible subordinated debentures Shareholders' Equity		\$132,114 90,797 45,799 125,000 75,289 334,235		\$132,924 102,781 61,883 75,289 343,222
• •		,		,

Glossary of Terms

Occupancy: The currently leased portion of a property expressed as a percentage of its total rentable square feet; includes square feet covered by leases for stores not yet opened.

Overall occupancy: Occupancy for the entire portfolio -- includes all centers owned in reporting period.

Same center occupancy: Occupancy for only those centers owned and operating in the periods being compared. Excludes centers purchased or sold as well as properties under redevelopment.

Economic occupancy: The current physical occupancy of a property (that portion of the property that is occupied and on which we are receiving rent) expressed as a percentage of its total rentable square feet.

Leases signed - comparable: Represents leases signed on spaces for which there was a former tenant.

Leases signed - noncomparable: Represents leases signed on spaces for which there was no previous tenant, i.e. expansion space or space that was previously non-rentable.

Leases signed - prior rent: Total rent paid by the previous tenant; includes $\mbox{minimum}$ and percentage rent.

Tenant improvement costs: Represents the total dollars committed for the improvement (fit-out) of a space as relates to a specific lease. The amounts shown represent not only the estimated cost to fit-out the tenant space, but may also include base building costs (i.e. escalators or new entrances) which are required to make the space leasable.