FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-028
Estimated average burden	
hours per response:	0.9

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Address of Reportir	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)								
VASSALLUZZO JOSEPH						FEDERAL REALTY INVESTMENT TRUST [FRT]								Director		10% Ow		
(Last) 1626 EAST JEFFERSON S	3. Date of Earliest Transaction (Month/Day/Year) 02/10/2008									Officer (give title below) Other (specify below)								
(Street) ROCKVILLE MD 20852-4041					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip		ahle I .	Non-Der	ivative Se	curities A	cauired	Disno	nsed of	or Renef	icially Ow	ned					
1. Title of Security (Instr. 3)					2. Transaction 2 Date E		2A. Deemed Execution Date,				ties Acquired	(A) or Dispose		Beneficially Owned Follow		i. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial	
					(Month/Day				Code V Amour			(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		Instr. 4)	Ownership (Instr. 4)	
Common shares of beneficial interest						8008		A		1,	,386	Α	\$0	8,200.366	1)	D		
				Table I		ative Secu puts, calls						ially Owne	d					
1. Title of Derivative Security (In 3)	. 2. Conversion or Exercise Price of Derivative Security	rsion Date rcise (Month/Day/Year) i f tive	Execution Date, if any (Month/Day/Year)	4. Transac (Instr. 8)	ction Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expirati	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Derivative Security (Instr. 3 and 4		irities Underlyin and 4)	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following	Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisa		xpiration ate	Title		Amount or Number of Sh	ares	Reported Transactio (Instr. 4)	ed etion(s)		

Explanation of Responses:

Includes 15.056 shares acquired through the dividend reinvestment program since the last Form 4 filing.

Remarks:

Dawn M. Becker, by power of atty

02/11/2008

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Ciriminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Power of Attorney

Know all by these presents, that the undersigned hereby constitutes and appoints each of Joseph M. Squeri and Dawn M. Becker, signing singly, as his or her true and

1. execute for and on behalf of the undersigned Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;

2. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete the execution of any such Form 3, 4 or 5 and

3. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best :

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary &

The undersigned hereby revokes each and every prior power of attorney granted with respect to the actions listed above.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 10th day of February, 2008.

/s/ Joseph S. Vassalluzzo Signature

Joseph S. Vassalluzzo

Print Name