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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPRC	VAL
OMB Number:	3235-0287
Estimated average burde	en
hours per response:	0.5

1. Name and Addres	1 0	n*	2. Issuer Name and Ticker or Trading Symbol <u>FEDERAL REALTY INVESTMENT</u> <u>TRUST</u> [FRT]		ationship of Reporting Pers < all applicable) Director	on(s) to Issuer 10% Owner
(Last) 1626 EAST JEFI	(First) FERSON STREE	(Middle) T	3. Date of Earliest Transaction (Month/Day/Year) 05/14/2013	X	Officer (give title below) Trustee, President	Other (specify below) and CEO
(Street) ROCKVILLE (City)	MD (State)	20852 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/Group Filing Form filed by One Repo Form filed by More than Person	rting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

	Non-Derivative :	1		, 013			,			
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		300	D	\$117.28	358,406 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		100	D	\$117.26	358,306 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		100	D	\$117.25	358,206 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		200	D	\$117.21	358,006 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		284	D	\$117.2	357,722 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		100	D	\$117.18	357,622 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		100	D	\$117.05	357,522 ⁽²⁾	D	
Common shares of beneficial interest	05/14/2013		S ⁽¹⁾		38	D	\$117.01	357,484 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		1,010	D	\$117.7	356,474 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		750	D	\$117.6	355,724 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		1,000	D	\$117.5	354,724 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		1,000	D	\$117.44	353,724 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		200	D	\$117.41	353,524 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		2,300	D	\$117.4	351,224 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		100	D	\$117.36	351,124 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		1,400	D	\$117.35	349,724 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾	1	2,500	D	\$117.3	347,224 ⁽²⁾	D	
Common shares of beneficial interest	05/15/2013		S ⁽¹⁾		5,000	D	\$117.25	342,224 ⁽²⁾	D	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

De Se	Title of crivative curity str. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Nur of Deriv Secur Acqu (A) or Dispo of (D) (Instr and 5	Expiration Date (Month/Day/Year) irites ired r osed) . 3, 4		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. This is two of two Form 4s being filed to report one transaction that occurred on May 14, 2013 and May 15, 2013 because the transaction would not fit on one Form 4. 2. Shares owned indirectly by wife: 53,879.

Remarks:

<u>attorney</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.