SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported) March 31, 2000

Federal Realty Investment Trust

(Exact name of registrant as specified in its charter)

Maryland 1-7533 52-0782497

(State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No.)

1626 East Jefferson Street, Rockville, Maryland 20852-4041

(Address of principal executive offices) (Zip Code)

Registrant's telephone number including area code: 301/998-8100

Exhibit Index appears on Page 3.

Item 5. Other Events

Federal Realty Investment Trust hereby files as exhibit 99 the following supplemental data pertaining to its portfolio of properties at March 31, 1999.

- Item 7. Financial Statements and Exhibits
 - (c) Exhibits.
 - 99 Supplemental portfolio information at March 31, 2000

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FEDERAL REALTY INVESTMENT TRUST

Date: May 5, 2000

/s/ Cecily A. Ward

Cecily A. Ward Vice President, Chief Financial Officer & Treasurer

-2-

EXHIBIT INDEX

Exh No. Exhibit Page No.

99 Supplemental portfolio information at March 31, 2000 4

-3-

FEDERAL REALTY INVESTMENT TRUST

Supplemental Information March 31, 2000

TABLE OF CONTENTS

1.	Debt Summary	E-2
2.	Occupancy Percentage Leased	E-3 E-4
3.	Sales/Occupancy Cost	E-5
4.	Leases Signed Analysis Comparable and Non-Comparable	E-6
5.	Street Retail Operating & Development Overview	E-7
6.	Development Pipeline	E-8
7.	First Quarter Earnings Press Release, May 4, 2000	E-9
8.	Glossary of Terms	E-12

1626 East Jefferson Street Rockville, Maryland 20852-4041 301/998-8100

			turity	Rate 	Balance (in thousands)	
Mortgages	Leesburg Plaza Federal Plaza Tysons Station Escondido (Municipal bonds)		10/01/08 03/10/01 09/01/01 10/01/16	6.10% 8.95% 9.875% Variable (a)	\$ 9,900 27,057 4,049 9,400	
					\$ 50,406 =======	
Notes payable						
Notes payable	Revolving credit facilities Term note with banks Note issued in connection with			libor +.65% libor +.75%	\$184,100 125,000	
	tenant buyout at Queen Anne Plaza Note issued in connection with		01/15/06	8.875%	901	
	renovation of Perring Plaza Note issued in connection with land pure Other	chase	01/31/13 08/14/00 various	10.00% libor + 1.5% various	2,579 3,400 141	
					\$316,121 =======	
Unsecured Public	Debt					
	5 1/4% Convertible subordinated debentures		04/30/02	5.250%	\$ 289	
	5 1/4% Convertible subordinated debentures		10/28/03	5.250%	75,000	
	8% Notes (fixed) 6 5/8% Notes (fixed) 7.48% Debentures 6.82% Medium Term Notes 6.74% Medium Term Notes (b)		04/21/02 12/01/05 08/15/26 08/01/27 03/10/04	8.000% 6.625% 7.480% 6.820% 6.370%	25,000 40,000 50,000 40,000 39,500	
	6.99% Medium Term Notes (b) 8.75% Notes		03/10/06 12/01/09	6.894% 8.750%	40,500 175,000	
					\$485,289 =======	
		Total fixed	rate debt		\$529,916	62.21%
		Total varia	ble rate deb	t	321,900	37.79%
		Total debt			\$851,816 ======	100.00% ======
			erage intere			
		Fixed rate Variable o		facilities	7.45% 6.68% (c) a)

⁽a) The bonds bear interest at a variable rate determined weekly to be the interest rate which would enable the bonds to be remarketed at 100% of their principal amount.

⁽b) The Trust purchased interest rate swaps or hedges on these notes, thereby decreasing the effective interest.

⁽c) Weighted average interest rate on revolving credit facilities for three months ended March 31, 2000.

Overall Operating Occupancy (Quarter to Quarter Analysis)		At March 31,	2000	At March 31, 1999			
Туре	Size Leased		Occupancy	Size	Leased	Occupano	
Retail Properties (leasable square feet) Rollingwood Apartments (# of units)	14,171,079 282	9 13,506,20 282	3 95% 100%	14,563,6 282	20 13,839,1 280	.42 95% 99%	
Overall Operating Occupancy (Rolling 12 Months)	At	March 31, 20	00	At De	cember 31, 19	99	
Туре	Size	Leased	Occupancy	Size	Leased	Occupancy	
Retail Properties (leasable square feet) Rollingwood Apartments (# of units)	14,171,079 282	13,506,203 282	95% 100%	14,037,093 282	13,494,066 278	96% 98%	
Overall Operating Occupancy (Rolling 12 Months)	At	September 30	, 1999 	At	June 30, 1999		
Туре	Size	Leased	Occupancy	Size	Leased	Occupancy	
Retail Properties (leasable square feet) Rollingwood Apartments (# of units)	14,348,626 282	13,658,207 282	95% 100%	14,541,750 282	13,797,209	95% 99%	
Same Center Occupancy (Quarter to Quarter Comparison)		At March 31,	2000	At	March 31, 19	99	
Туре	Size	Leased	Occupancy	Size	Leased	0ccupancy	
Retail Properties (leasable square feet) Rollingwood Apartments (# of units)	14,066,413 282	13,418,914 282	95% 100%	13,844,380 282	13,233,178 278	96% 99%	
Same Center Occupancy (Rolling 12 Months)		At March 31,	2000	At December 31, 1999			
Туре	Size	Leased	Occupancy	Size	Leased	Occupancy	
Retail Properties (leasable square feet) Rollingwood Apartments (# of units)	14,066,413 282	13,418,914 282	95% 100%	13,865,499 282	13,345,911 278	96% 98%	
Same Center Occupancy (Rolling 12 Months)	Α	t September 3	0, 1999	At June 30, 1999			
Туре	Size	Leased	Occupancy	Size	Leased	Occupancy	
Retail Properties (leasable square feet)	14 304 720	13,613,931	95%	13,622,710 1	2,891,283	95%	

-	 	

Region	Total Square Footage	0ccupancy 03/31/00
Northeast	7,041,792	96%
Mid-Atlantic	5,922,127	94%
West Coast	1,207,160	94%

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Region	Total Square Footage	0ccupancy 03/31/00
Northeast Anchor Small Shops	4,317,789 2,724,003	98% 93%
Mid-Atlantic Anchor Small Shops	2,731,889 3,190,238	96% 93%
West Anchor Small Shops	274,915 932,245	100% 92%

E-4

	Average Sales Per Square Foot	Average Occupancy Cost per Square Foot	Average Occupancy Costs as Percentage of Sales
Reporting Tenants	\$308.35	\$16.98	5.5%
Reporting Anchor Tenants	\$323.73	\$12.42	3.8%
Reporting Small Shop Tenants	\$282.48	\$24.64	8.7%

Comparable Rolling 12 Months	Number of Leases Signed	Square Feet	Weighted Average Lease Term (Years)	Rent Per	Average Current Rent Per Square Foot	Annualized Increase in Rent	Percentage Increase over Prior Rent	Estimated Tenant Improvement Costs
1st Quarter 2000 4th Quarter 1999 3rd Quarter 1999 2nd Quarter 1999 Total	64 79 87 74 304	297,054 270,278 324,332 237,065 1,128,729	9.1 8.7 7.3 5.9 8.4	\$16.38 \$20.14 \$16.02 \$18.03 \$17.52	\$24.32 \$20.34 \$21.70	\$1,401,643	21% 27% 20%	\$ 5,128,000 \$ 2,710,000 \$ 3,799,000 \$ 1,799,000 \$13,436,000

Non-Comparable			Weighted Average		Annualized	Estimated Tenant
Rolling 12 Months	Number of Leases Signed	Square Feet	Lease Term (Years)	Average Rent Per Square Foot	Current Rent	Improvement Costs
1st Quarter 2000	10	50,126	12.8	\$24.07	\$1,206,432	\$1,026,000
4th Quarter 1999	9	39,545	8.7	\$18.13	\$ 717,011	\$ 389,000
3rd Quarter 1999	12	105,948	10.2	\$20.32	\$2,153,331	\$ 521,000
2nd Quarter 1999	7	11,592	7.9	\$43.30	\$ 501,908	\$ 91,000
Total	38	207,211	9.6	\$22.10	\$4,578,682	\$2,027,000

(in thousands, except sf data)	1996	For the y 1997	/ear ended December 1998	1999	March 31, 2000
Real Estate Assets (1)	\$ 164,931	\$ 288,020	\$ 365,874	\$ 449,182	\$ 475,000
Revenues	\$ 20,555	\$ 31,998	\$ 42,643	50,288	\$ 13,924
Net Operating Income	\$ 12,538	\$ 20,345	\$ 28,660	\$ 34,774	\$ 10,134
Square Feet (2)	1,122,737	1,502,807	1,601,849	1,691,593	1,715,244

- (1) At March 31, 2000, includes \$111 million related to new development in process. The balance is comprised of both stabilized assets and assets which are in various stages of redevelopment.
- (2) Excludes new development square footage

NORTHEAST	Square Feet	MID-ATLANTIC	Square Feet
Connecticut Greenwich Avenue/4 West Hartford/7 Westport/2	80,791 125,347 26,408	Virginia Pentagon Row Village at Shirlington WESTERN	N/A (2) 203,359
Massachusetts Coolidge Corner/1	13,101	Arizona Mill Avenue/2	39,532
New Jersey Central Avenue/1	11,208	California Colorado Boulevard/2 Fifth Avenue/5	67,382 66,962
New York Forest Hills/4	91,593	Hermosa Beach/1 Post Street/1 Old Town Center Santana Row	5,930 98,670 101,000 N/A (2)
MID-ATLANTIC District of Columbia Sam's Park N Shop	49,706	Third Street Promenade/8 Hollywood Blvd./3	152,597 198,464
Florida Winter Park/2	28,446	Illinois Evanston/2 Oak Street/1	18,813 5,000
Maryland Bethesda Row	330,935 (2)	Texas Houston Street/10	N/A (2)

Project	Specifications	Co To D	st ate	 Estima 2000	te	To Con 2001		Com	otal oleteo Cost	Expected d Stabilized Return	Principal Tenants
COMPLETED DEVELOPMENTS											
Bethesda Row - Elm Street Bethesda, Maryland	15,000 sf retail 30,000 sf office	\$	8	\$ 1				\$	9	11%	Cafe Deluxe Vitamin Superstore Three Dog Bakery Prudential Long & Foster
CONSTRUCTION IN PROGRESS											
Bethesda Row - Woodmont East Bethesda, Maryland	60,000 sf retail 80,000 sf office	\$	13	\$ 15		\$ 4		\$	32	11%	Landmark Theatres
Pentagon Row Arlington, Virginia	300,000 sf retail (1) 500 apartment units	\$	12	\$ 48		\$ 8		\$	68	11%	Harris Teeter Bed, Bath & Beyond Bally's Fitness
		\$	25	\$ 63		\$ 12	\$ 0	\$	100		Hudson Trail Outfitters
TO DEVELOP											
Houston Street San Antonio, Texas	165,000 sf retail 80,000 sf office 500 hotel rooms (2)	\$	22								
Santana Row San Jose, California	680,000 sf retail 1,200 residential units 200 hotel rooms (2)	\$	63								
The Shops at Tanasbourne Portland, Oregon	300,000 sf retail 12,000 sf office	\$	12								
Lindbergh Center Atlanta, Georgia	300,000 sf retail (1) 320 apartments 120 hotel rooms 290 condominiums 1.3 million sf office	\$	1								
		\$	98	 							
Total			131 ===	 	- -	-		-	·		

⁽¹⁾ Federal Realty will develop only the retail component of this project.(2) Federal Realty will not develop the hotel component of this project.

[LETTERHEAD OF FEDERAL REALTY INVESTMENT TRUST]

FEDERAL REALTY INVESTMENT TRUST ANNOUNCES FIRST QUARTER 2000 OPERATING RESULTS

May 4, 2000 Rockville, Maryland

Federal Realty Investment Trust (NYSE:FRT) reported today that funds from operations for the first quarter of 2000 increased 5.9% to \$25.1 million from \$23.7 million in the first quarter of 1999. On a per share basis, funds from operations rose 6.9% to \$.62 in the first quarter of 2000 from \$.58 in the comparable quarter of 1999.

A comparison of property operations for the first quarter of 2000 versus the first quarter of 1999 shows the following: $\frac{1}{2} \left(\frac{1}{2} \right) = \frac{1}{2} \left(\frac{1}{2} \right) \left$

- . Rental income increased 8.1% to \$64.2 million in 2000 from \$59.4 million in 1999. When adjusted to exclude properties acquired, sold and developed during 1999 and 2000, rental income increased 7.2% to \$62.6 million in 2000 from \$58.4 million in 1999.
- . Net operating income increased 9.2% to \$45.9 million in the first quarter of 2000 from \$42.0 million in 1999. When adjusted to exclude properties acquired, sold and developed during 1999 and 2000, net operating income increased 8.1% to \$44.7 million in 2000 from \$41.4 million in 1999.
- . During the first quarter of 2000, the Trust signed leases for a total 347,000 square feet of retail space. On a same space basis, the Trust re-leased 297,000 square feet of retail space at an average increase in rent per square foot of 15%. The weighted average rent on these leases was \$18.89 per square foot compared to the previous average rent of \$16.38 per square foot.
- . At March 31, 2000, the Trust's overall portfolio was 95.3% leased compared to 95.0% a year ago. Same property occupancy was 95.4% leased at March 31, 2000 compared to 95.6% a year ago.

Commenting on the results, Steven Guttman, President and Chief Executive Officer stated, "We are pleased with our first quarter results. While rising interest rates will likely put pressure on our funds from operation growth over the next 12 to 18 months, our high quality core portfolio should continue to generate above average internal growth as the Trust continues to execute its mixed-use development strategy. Construction is proceeding apace on Phase IV of our Bethesda Row master plan development in Bethesda, Maryland and we are on target for a spring 2001 opening. Likewise, we are making excellent progress on our Pentagon Row project in Arlington, Virginia. The project is presently 85% pre-leased with a targeted opening in the second half of 2001."

Federal Realty is an equity real estate investment trust specializing in the ownership, management and redevelopment of prime retail properties. The Trust's real estate portfolio contains 124 retail properties, consisting of neighborhood and community shopping centers and main street retail properties, located in strategic metropolitan markets across the United States. These markets include Boston, New York, Philadelphia, Washington D.C., Chicago, San Antonio, Portland, San Francisco, Los Angeles, San Jose and San Diego.

Federal Realty has paid quarterly dividends to its shareholders continuously since its founding in 1962 and has increased its dividend rate for 32 consecutive years. Shares of the Trust are traded on the New York Stock Exchange under the symbol:FRT.

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E-10

	March 31,	
OPERATING RESULTS	(Unaudited) 2000 1999	
Revenues		
Rental income	\$ 64,232	\$ 59,433
Other property income Interest income	2,765 2,107	2,272 1,878
Expenses	69,104	63,583
Rental	14,620	13,648
Real estate taxes	6,457	6,012
Interest	16,493	15,133
Administrative Depreciation and amortization	2,922 12,655	15,133 2,254 12,281
Dop. Collection and amorellation		
	53,147	49,328
Operating income before investors' share of operations	15,957	14,255
Investor's share of operations	(1,818)	(701) \$ 13,554
Net income	\$ 14,139	\$ 13.554
Dividends on preferred stock	(1,988)	\$ 13,554 (1,988)
Net income a vailable for common shareholders		
MEET THEONIE & NATITABLE LOL COMMINITY SHALLEHOTHELS	\$12,151 =======	\$11,500 =======
Earnings per common share, basic	\$0.31 ======	\$0.29 ======
Earnings per common share, diluted		\$0.29 ======
Weighted everage charge outstanding basis		
Weighted average shares outstanding, basic Weighted average shares outstanding, diluted	39,444 40,595	39,435 40,545
Funds from Operations	A 40.454	A 44 500
Net income available for common shareholders Add: depreciation and amortization of real estate assets	\$ 12,151 11,487	\$ 11,566 11,128
Add: amortization of initial direct costs of leases	830	718
Add: income attributable to operating partnership units	613	264
Funds from operations, diluted	\$ 25,081	\$ 23,676
	=======	========
Funds from operations per share, diluted	\$0.62 ======	\$0.58 ======
		December 31
SALANCE SHEET DATA	2000	1999
Assets	(Unaudited)	
Real estate, at cost	\$1,760,541	\$1,721,459
Accumulated depreciation and amortization	(327, 847)	(317,921)
	1 422 604	1 402 520
Mortgage notes receivable	1,432,694 56,943	1,403,538 53,495
Cash and investments	13,711	11,738
Receivables	19,961	23,130
Other assets	38,793	42,147
Total assets	\$1,562,102	\$1,534,048
tickilitain and Observational Equation	=======	=======
Liabilities and Shareholders' Equity		
bligations under capital leases & mortgages payable	\$ 172,333	\$ 172,573
Notes payable	316,121	162,768
Senior Notes 5 1/4% Convertible subordinated debentures	410,000 75,289	510,000 75,289
Other liabilities	110,362	111,591
Shareholders' Equity	477,997 	501,827
	\$1,562,102	\$1,534,048
	=======	=======

Three Months Ended

Glossary of Terms

Average occupancy costs: Includes rent, common area maintenance expense, real estate taxes, merchant association dues and other charges

Economic occupancy: The square footage generating rental income expressed as a percentage of its total rentable square feet.

Leases signed - comparable: Represents leases signed on spaces for which there was a former tenant.

Leases signed - noncomparable: Represents leases signed on spaces for which there was no previous tenant, i.e. expansion space or space that was previously non-leasable.

Leases signed - prior rent: Total rent paid by the previous tenant; includes \min and percentage rent.

Net Operating Income: Gross revenues, including interest income, less rental expenses and real estate taxes.

Occupancy: The currently leased portion of a property expressed as a percentage of its total rentable square feet; includes square feet covered by leases for stores not yet opened.

Overall occupancy: Occupancy for the entire portfolio ${\mbox{--}}$ includes all operating properties owned in reporting period.

Same center occupancy: Occupancy for only those properties owned and operating in the periods being compared. Excludes centers purchased or sold as well as properties under redevelopment and development.

Tenant improvement costs: Represents the total dollars committed for the improvement (fit-out) of a space as relates to a specific lease. The amounts shown represent not only the estimated cost to fit-out the tenant space, but may also include base building costs (i.e. expansion, escalators or new entrances) which are required to make the space leasable.