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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

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**SCHEDULE 14A**  
(Rule 14a-101)  
**INFORMATION REQUIRED IN PROXY STATEMENT**  
**SCHEDULE 14A INFORMATION**  
**Proxy Statement Pursuant to Section 14(a) of the**  
**Securities Exchange Act of 1934**

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Filed by the Registrant

Filed by a party other than the Registrant

Check the appropriate box:

- Preliminary Proxy Statement
- Confidential, for Use of the Commission Only** (as permitted by Rule 14a-6(e)(2))
- Definitive Proxy Statement
- Definitive Additional Materials
- Soliciting Material Pursuant to §240.14a-12

**FEDERAL REALTY INVESTMENT TRUST**  
(Name of Registrant as Specified in its Charter)

**Not applicable.**  
(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check all boxes that apply):

- No fee required.
- Fee paid previously with preliminary materials.
- Fee computed on table in exhibit required by Item 25 (b) per Exchange Act Rules 14a-6 (i) (1) and D-11.
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Important Notice Regarding the Availability of Proxy Materials for the Shareholder Meeting of

# FEDERAL REALTY INVESTMENT TRUST

To Be Held On:

May 4, 2022 at 9:00 a.m.

virtually at <https://web.lumiagm.com/202329683> (password: federal2022)

COMPANY NUMBER	
ACCOUNT NUMBER	
CONTROL NUMBER	

This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the important information contained in the proxy materials before voting.

If you want to receive a paper or e-mail copy of the proxy materials you must request one. There is no charge to you for requesting a copy. To facilitate timely delivery please make the request as instructed below before 04/22/22.

Please visit <http://www.federalrealty.com/shareholder-meeting>, where the following is available for view:

- Annual Report/Form 10-K/Notice & Proxy Statement
- Instructions on How to Access and Participate in the Annual Shareholder Meeting

TO REQUEST MATERIAL:

TELEPHONE: 888-Proxy-NA (888-776-9962) 718-921-8562 (for international callers)

E-MAIL: [info@astfinancial.com](mailto:info@astfinancial.com)

WEBSITE: <https://us.astfinancial.com/OnlineProxyVoting/ProxyVoting/RequestMaterials>

TO VOTE:



ONLINE: To access your online proxy card, please visit [www.voteproxy.com](http://www.voteproxy.com) and follow the on-screen instructions or scan the QR code with your smartphone. You may enter your voting instructions at [www.voteproxy.com](http://www.voteproxy.com) up until 11:59 PM Eastern Time the day before the cut-off or meeting date.

DURING THE MEETING: You may virtually attend the meeting and vote your shares through the internet. Go to: <https://web.lumiagm.com/202329683> (password: federal2022).

TELEPHONE: To vote by telephone, please visit [www.voteproxy.com](http://www.voteproxy.com) to view the materials and to obtain the toll free number to call.

MAIL: You may request a card by following the instructions above.

1. To elect the following nominees as Trustees as set forth in our Proxy Statement:

David W. Faeder

Elizabeth I. Holland

Nicole Y. Lamb-Hale

Anthony P. Nader, III

Mark S. Ordan

Gail P. Steinel

Donald C. Wood

2. To approve, on a non-binding, advisory basis, the compensation of our named executive officers.

3. To ratify the appointment of Grant Thornton LLP as our independent registered public accounting firm for the fiscal year ending December 31, 2022.

4. To consider and act upon any other matters properly coming before the meeting or any postponement or adjournment thereof.

**THE BOARD OF TRUSTEES RECOMMENDS YOU VOTE "FOR" THE ELECTION OF THE NOMINEES AND "FOR" PROPOSALS 2 AND 3.**

Please note that you cannot use this notice to vote by mail.

# Your **Vote** Counts!

## FEDERAL REALTY INVESTMENT TRUST

2022 Annual Meeting

Vote by May 03, 2022

11:59 PM ET



## You invested in FEDERAL REALTY INVESTMENT TRUST and it's time to vote!

You have the right to vote on proposals being presented at the Annual Meeting. **This is an important notice regarding the availability of proxy material for the shareholder meeting to be held on May 04, 2022.**

### Get informed before you vote

View the Annual Report/Form 10-K/Notice & Proxy Statement online OR you can receive a free paper or email copy of the material(s) by requesting prior to April 20, 2022. If you would like to request a copy of the material(s) for this and/or future shareholder meetings, you may (1) visit [www.ProxyVote.com](http://www.ProxyVote.com), (2) call 1-800-579-1639 or (3) send an email to [sendmaterial@proxyvote.com](mailto:sendmaterial@proxyvote.com). If sending an email, please include your control number (indicated below) in the subject line. Unless requested, you will not otherwise receive a paper or email copy.



For complete information and to vote, visit [www.ProxyVote.com](http://www.ProxyVote.com)

Control #

#### Smartphone users

Point your camera here and  
vote without entering a  
control number



#### Vote in Person at the Meeting\*

May 04, 2022  
9:00 AM EDT

Virtual Shareholder Meeting on the Internet at:  
<https://web.lumiagm.com/202329683>  
Password: federal2022

\*If you choose to vote these shares in person at the meeting, you must request a "legal proxy." To do so, please follow the instructions at [www.ProxyVote.com](http://www.ProxyVote.com) or request a paper copy of the materials, which will contain the appropriate instructions. Please check the meeting materials for any special requirements for meeting attendance.

## THIS IS NOT A VOTABLE BALLOT

This is an overview of the proposals being presented at the upcoming shareholder meeting. Please follow the instructions on the reverse side to vote these important matters.

### FEDERAL REALTY INVESTMENT TRUST

2022 Annual Meeting  
Vote by May 03, 2022  
11:59 PM ET

Voting Items	Board Recommends
1. Election of Trustees <b>Nominees:</b>	
1A David W. Faeder	✓For
1B Elizabeth I. Holland	✓For
1C Nicole Y. Lamb-Hale	✓For
1D Anthony P. Nader, III	✓For
1E Mark S. Ordan	✓For
1F Gail P. Steinel	✓For
1G Donald C. Wood	✓For
2. To approve, on a non-binding, advisory basis, the compensation of our named executive officers.	✓For
3. To ratify the appointment of Grant Thornton LLP as our independent registered public accounting firm for the fiscal year ending December 31, 2022.	✓For

**NOTE:** Such other business as may properly come before the meeting or any adjournment thereof.