FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

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| Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 | | | | | | | | | | | hours per res | ponse: | 0.5 | |
|--|--|-------|---|--|--------------------|--|---|----------|---|--|--|--------|--|----|
| 1. Name and Address of <u>Guglielmone D</u> | 2. Date of Ever (Month/Day/Ye 08/15/2016 | 'ear) | auiring Statement 3. Issuer Name and Ticker or Trading Symbol FEDERAL REALTY INVESTMENT TRUST [FRT] | | | | | | | | | | | |
| (Last) 1626 EAST JEFFE | at) (First) (Middle) 16 EAST JEFFERSON STREET | | | | | (Check al | elationship of Reporting Person(s) to Issuer ck all applicable) Director 10% Owner V officiencific bits below) | | | 5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | |
| (Street) ROCKVILLE MD 20852-4041 | | | | | | X Officer (give title below) EVP-CFO & Treast | | reasur | Other (specify below) | | X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zip) | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Beneficially Owned | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 4) | | | | | | 2. Amount of Securities Beneficially Owned (Instr. 4) | | | 3. Ownership Form: Direct 4 (D) or Indirect (I) (Instr. 5) | | 4. Nature of Indirect Beneficial Ownership (Instr. 5) | | | |
| Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 4) | | | | 2. Date Exercisable and Expiration Date (Month/Day/Year) | | 3. Title and Amount of Securities Underlying Der (Instr. 4) | | g Deriva | ivative Security 4. Conver Exercise of Deriva Security | | Price Form: Direct (D) or | | 6. Nature of Indirect Benefici Ownership (Instr. 5) | al |
| | | | | Date Exercisable | Expiration Date | Title | | | Amount or Number of Shares | Security | | | | |

Explanation of Responses: Remarks:

No securities are beneficially owned.

Daniel Guglielmone ** Signature of Reporting Person 08/17/2016 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, see Instruction 5 (b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Know all by these presents, that the undersigned hereby constitutes and appoints Dawn M. Becker as his true and lawful attorney-in-fact to:

1. execute for and on behalf of the undersigned Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;

2. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete the execution of any such Form 3, 4 or 5 and

3. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best i

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary a

The undersigned hereby revokes each and every prior power of attorney granted with respect to the actions listed above.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of August, 2016.

/s/ Daniel Guglielmone Signature

Daniel Guglielmone Print Name