FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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| ngton, D.C. 20549 | OMB APP | ROVAL |
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|                   |         |       |

OMB Number: STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Estimated average burden hours per response: 0.5

| Check this box if no longer subject to |
|--|
| Section 16. Form 4 or Form 5           |
| obligations may continue. See          |
| Instruction 1(h)                       |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  FINGER LARRY E  (Last) (First) (Middle)  1626 EAST JEFFERSON STREET  (Street)  ROCKVILLE MD 20852  |     |  |      |                               | 3. D<br>02/ | 2. Issuer Name and Ticker or Trading Symbol FEDERAL REALTY INVESTMENT TRUST [ FRT ]  3. Date of Earliest Transaction (Month/Day/Year) 02/12/2004  4. If Amendment, Date of Original Filed (Month/Day/Year) |  |  |  |        |  |   |        | 6. I               | S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director 10% Owner     X Officer (give title Other (specify below)     Sr. VP - CFO & Treasurer      6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting |  |   |  |  |
|--|-----|--|------|-------------------------------|-------------|--|--|--|--|--------|--|---|--------|--------------------|---|--|---|--|--|
| (City)   | (Si | ate) (   | Zip) |                               |             |  |  |  |  |        |  |   |        |                    | erson   | Te than one req  | Jording   |  |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |     |  |      |                               |             |  |  |  |  |        |  |   |        |                    |   |  |   |  |  |
| Date   |     |  |      | 2. Transa<br>Date<br>(Month/E |             | Execution [  |  | n Date,  | 3.<br>Transaction<br>Code (Instr.<br>8)                |        | 4. Securities Acquired (A)<br>Disposed Of (D) (Instr. 3, 4<br>5) |   |        | (A) or<br>3, 4 and | I Sed<br>Bei<br>Ow  | amount of<br>curities<br>neficially<br>ned Following<br>ported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)  |  |
|  |     |  |      |                               |             |  |  |  | Code   | v      | Amount   | (A)   | ) or   | Price              | Tra   | nsaction(s)<br>str. 3 and 4)                                   |   | (3 4)  |  |
| Common shares of beneficial interest   |     |  |      | 02/12                         | 2/2004      |  |  |  | A  |        | 1,258  |   | A      | \$42.9             | 94  | 33,614   | D   |  |  |
| Common shares of beneficial interest   |     |  |      | 02/12/2004                    |             |  |  | A  |  | 8,733  |  | A   | \$42.9 | 94                 | 42,347  | D  |   |  |  |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |     |  |      |                               |             |  |  |  |  |        |  |   |        |                    |   |  |   |  |  |
| Derivative Conversion  |     | 3. Transaction Date (Month/Day/Year)  3A. Deem Execution if any (Month/D |      | n Date, Transa<br>Code        |             |  |  | rative<br>rities<br>ired<br>r<br>osed<br>)<br>: 3, 4 | 6. Date E<br>Expiratio<br>(Month/D<br>Date<br>Exercisa | n Date |  | 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of Title Shares |        | str. 3             | 3. Price c<br>Derivativ<br>Security<br>(Instr. 5)   |  | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |

**Explanation of Responses:** 

Remarks:

Dawn M. Becker, by power of <u>attorney</u>

02/13/2004

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.