SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) January 13, 2004

Federal Realty Investment Trust

(Exact name of registrant as specified in its charter)

| Maryland | 1-07533 | 52-0782497 |
|---|-----------------------------|--------------------------------------|
| (State or other jurisdiction of incorporation) | (Commission File Number) | (IRS Employer Identification No.) |
| 1626 East Jefferson Street, Rockville, Maryland | | 20852-4041 |
| (Address of principal executive offices) | | (Zip Code) |

Registrant's telephone number including area code: 301/998-8100

Item 7. Financial Statements and Exhibits.

(c) Exhibits

Date: January 13, 2004

99.1 Press release, dated January 13, 2004, of Federal Realty Investment Trust

Item 12. Results of Operations and Financial Condition.

The following information is being furnished under Item 12. Results of Operations and Financial Condition. This information, including the exhibits attached hereto, shall not be deemed "filed" for any purpose, including for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that Section. The information in this Current Report on Form 8-K shall not be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or under the Exchange Act, regardless of any general incorporation language in such filing, except to the extent, if any, expressly set forth by specific reference in such filing.

On January 13, 2004, Federal Realty Investment Trust issued supplemental data in the form of a press release to update its earning guidance for 2003 and 2004. This press release is furnished as Exhibit 99.1 hereto.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FEDERAL REALTY INVESTMENT TRUST

/s/ Larry E. Finger
Larry E. Finger
Senior Vice President,
Chief Financial Officer and Treasurer

EXHIBIT INDEX

Exh No.ExhibitPage No.99.1Press release, dated January 13, 2004, of Federal Realty Investment Trust3

NEWS RELEASE

Federal Realty Investment Trust 1626 East Jefferson Street Rockville, MD 20852 www.federalrealty.com

FOR IMMEDIATE RELEASE

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FEDERAL REALTY INCREASES 2003 AND 2004 EARNINGS EXPECTATIONS

- Santana Row Fire Insurance Claim Settled For \$129 Million -

ROCKVILLE, Md. (January 13, 2004) – Federal Realty Investment Trust (NYSE:FRT) today increased its previously issued Funds From Operations ("FFO") per diluted share guidance to \$2.69 in 2003, and to a range of \$2.78 to \$2.82 in 2004. The increase in FFO guidance results from the final settlement of the Santana Row fire insurance claim, and is net of the \$0.07 per diluted share impact related to the redemption of preferred shares in the second quarter of 2003 pursuant to EITF Issue D-42. The final \$27 million insurance payment, stemming from the August 2002 fire at Santana Row, brings total payments received as a result of the Trust's claims to \$129 million.

"We worked extremely hard to get this very satisfactory outcome to our fire insurance claim and are pleased to bring this chapter of the property's history to a close" commented Donald C. Wood, Federal Realty's president and chief executive officer. "Santana Row is progressing from Federal Realty's greatest risk to our greatest opportunity."

Federal Realty has accounted for the previous \$102 million of fire insurance proceeds received as a reduction to the cost basis of Santana Row. With respect to this final payment of insurance proceeds, Federal Realty will realize lost income and operating expense recovery of approximately \$8 million and \$3 million, in 2003 and 2004 respectively, with the remainder of the insurance proceeds credited to Santana Row's cost basis. The Trust's total cost estimate for the first phase of Santana Row, net of insurance proceeds, remains unchanged at \$443 million.

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The income portion of the insurance reimbursement was specifically excluded from previous net income and funds from operations guidance provided by management. As a result, Federal Realty has increased both its FFO per diluted share and net income per diluted share guidance as detailed below.

Federal Realty Investment Trust Reconciliation of EPS to FFO Guidance (in \$ millions, except per share data)

| | 2003 Annual Forecast Funds from Operations | 2003 Annual Forecast FFO per share |
|---|---|---|
| Net Income Available to Common Shareholders | \$ 77 | \$ 1.59 |
| (Gain) on Sale of Real Estate | \$ (20) | \$ (0.41) |
| Depreciation and Amortization of Real Estate | \$ 72 | \$ 1.48 |
| Income Attributable to Operating Partnership Units | \$ 1 | \$ 0.03 |
| Funds from Operations | \$ 130 | \$ 2.69 |
| Weighted Average Shares (diluted) | 48.6 | _ |
| | | |
| | 2004 Annual Forecast Funds from Operations | 2004 Annual Forecast FFO per share |
| Net Income Available to Common Shareholders | Annual Forecast | Annual Forecast |
| Net Income Available to Common Shareholders Depreciation and Amortization of Real Estate | Annual Forecast Funds from Operations | Annual Forecast FFO per share |
| | Annual Forecast Funds from Operations \$ 58 to \$ 60 | Annual Forecast FFO per share \$1.15 to \$1.19 |
| Depreciation and Amortization of Real Estate | ### Annual Forecast Funds from Operations | ### Annual Forecast FFO per share ### \$1.15 to \$ 1.19 |
| Depreciation and Amortization of Real Estate Income Attributable to Operating Partnership Units | ### Annual Forecast Funds from Operations \$ 58 | ### Annual Forecast FFO per share \$1.15 to \$1.19 1.61 1.61 0.02 0.02 |

Federal Realty Investment Trust is an equity real estate investment trust specializing in the ownership, management, development, and redevelopment of shopping centers and Street Retail properties. Federal Realty's portfolio contains approximately 16.2 million square feet located primarily in strategic metropolitan markets in the Northeast, Mid-Atlantic, and Western United States. The operating portfolio was 94% occupied by over 2,000 national, regional, and local retailers as of September 30, 2003, with no single tenant accounting for more than 2.5% of rental revenue. Federal Realty has paid quarterly dividends to its shareholders continuously since its founding in 1962, and has increased its dividend rate for 36 consecutive years, the longest consecutive record in the REIT industry. Shares of Federal Realty are traded on the NYSE under the symbol FRT. Additional information about Federal Realty can be found on the Internet at www.federalrealty.com.

Safe Harbor Language

Certain matters discussed within this press release may be deemed to be forward-looking statements within the meaning of the federal securities laws. Although Federal Realty believes the expectations reflected in the forward-looking statements are based on reasonable assumptions, it can give no assurance that its expectations will be attained. The factors that may impact these expectations include:

- risks of financing, such as our ability to consummate additional financings or obtain replacement financing on terms which are acceptable to us, our ability to meet existing financial covenants, and the possibility of increases in interest rates that would result in increased interest expense;
 - risks that our growth will be limited if we cannot obtain additional capital;
- risks normally associated with the real estate industry, including risks that our tenants will not pay rent or that we may be unable to renew leases or relet space at favorable rents as leases expire, that new acquisitions or our development, construction and renovation projects, including our Santana Row project, may fail to perform as expected, that competition for acquisitions could result in increased prices, that we may have environmental risks at our properties, and, because real estate is illiquid, that we may not be able to sell properties when appropriate;
- risks related to our status as a REIT for federal income tax purposes, such as the existence of complex regulations relating to our status as a REIT, the effect of future changes in REIT requirements as a result of new legislation, and the adverse consequences of the failure to qualify as a REIT; and
- those additional risks detailed from time to time in our SEC reports, including our current report on Form 8-K filed with the SEC on March 25, 2003, our annual report on Form 10-K filed with the SEC on March 26, 2003, and our quarterly reports on Form 10-Q.

Federal Realty assumes no obligation to update or supplement forward-looking statements that become untrue because of subsequent events.